

# Norton Housing Authority

# September Calendar

# 2021




All activities are in the community hall ~ September is Healthy Aging Month!



YMCA offers some free activities for seniors. See attached flyer!

YMCA instructor will be holding several, various classes (1 hour each) in the Community Hall ~ See Times & Dates Below!

YMCA also offers memberships ~ more information will be available in the

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Thank you to all the participants at the Resident BBQ!</i></p>			<p>Walking Group 9 AM</p>	<p>BINGO 12PM to 3PM</p>	<p><b>Food Bank</b> <b>2PM</b> CARDS 5PM</p>	
<p>BINGO 1PM to 3PM</p>	<p>CLOSED Labor Day</p>	<p><b>YMCA Keeping Fit Class 1:30pm</b></p>	<p>Walking Group 5 PM</p>	<p>BINGO 12PM to 3PM</p>	<p>CARDS 5PM</p>	<p><b>Coffee Social</b> 10AM</p>
<p>BINGO 1PM to 3PM</p>	<p><b>Tenant Meeting 1pm</b> Activity Calendar and more ~ Refreshments ~</p>	<p>9:30 <i>Tai Chi</i> Knitting 11am to 12pm</p>	<p>Walking Group 9 AM</p>	<p>BINGO 12PM to 3PM</p>	<p>CARDS 5PM</p>	
<p>BINGO 1PM to 3PM</p>		<p><b>YMCA Class 1:30 pm</b> Board Meeting 4pm</p>	<p>Walking Group 5 PM</p>	<p>BINGO 12PM to 3PM <b>POT Luck 5PM</b></p>	<p><b>YMCA Class 1:30pm</b> CARDS 5PM</p>	
<p>BINGO 1PM to 3PM</p>		<p>Knitting 11am to 12pm</p>	<p>Walking Group 9 AM</p>	<p>BINGO 12PM to 3PM</p>		
	<p><b>YMCA Classes!</b></p>	<p><b>Coffee Social!</b></p>		<p><b>Pot Luck!</b></p>		<p><b>Food Bank!</b></p>